

## **Kauai Island Health, Pain Free North Shore (KIHPFNS) Statement of Informed Disclosure**

\_\_\_\_\_ KIHPFNS is a holistic health clinic under the supervision of Robert Turchyn who has more than 1000 hours of classroom education/training essential oil therapy, herbalism, nutrition, basic medical sciences, and related topics. This education does not include the diagnosis and treatment of disease according to the standards of medical science. Robert Turchyn is not licensed in any capacity in the State of Hawaii, or New Jersey; our services do not replace those of a licensed physician. We advise clients who consult with us to seek the advice of a licensed health provider for any illness or persistent symptoms. A referral list of such practitioners, including resources for people on low-incomes, is available to you upon request.

\_\_\_\_\_ Our consultations are educational in nature, intended to make the client aware of the nutritional and other beneficial effects of diet, lifestyle changes, postural therapy, essential oils, herbs, and herbal formulas. As such client assumes the risks associated with these therapies, and using essential oils and herbs.

\_\_\_\_\_ Botanicals are dietary supplements under the Dietary Supplement Health and Education Act and are not regulated nor approved by the Federal Drug Administration as drugs.

\_\_\_\_\_ Herbs can sometimes cause discomfort or side effects. We ask you to stop taking any suggested herbs immediately if such effects or discomfort occurs, and to notify us promptly.

\_\_\_\_\_ Some herbs may interact adversely with pharmaceutical medications. Although we are trained in some aspects of drug-herb interactions, the knowledge in this field is not well developed. It is important that you disclose to us any medication you are taking, including over-the-counter medications, and that you discuss possible drug-herb interactions with a licensed physician.

\_\_\_\_\_ We may provide you with published information about possible side effects of medications you may be taking. This does not constitute a recommendation to stop taking the medication. If

you have concerns about medication side effects, please discuss them with a licensed physician.

\_\_\_\_\_ Any discussion as relates to common medical pathologies is only to provide a reference for the client's further comprehension and is not an attempt on our part to provide a cure for that disease.

\_\_\_\_\_ Any information discussed with us during interviews will be held in strict confidence. Exceptions to this are information regarding impending suicide, homicide, or child abuse.

\_\_\_\_\_ Robert Turchyn and other practitioners of the KIHPFNS may review your case anonymously (by case number only, without your name) during periodic case review. You may request that only Robert Turchyn review your case if you are concerned about confidentiality.

\_\_\_\_\_ Achieving wellness requires a client's commitment to his/her own good health, whether through diet, exercise, or stress relief and that KIHPFNS does not guarantee any particular outcome.

\_\_\_\_\_ If you are in any way dissatisfied with our services or advice, please inform the Kauai Island Health Pain Free North Shore at 808-631-2165

I have read the above statements and agree to their terms.

Name (please print)

\_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_